

DCYRA

2020 Sailing Season

Safe and Healthy Sailing Guidelines

May 22, 2020

Overview: In response to the Covid-19 virus situation the DCYRA Board of Governors is issuing Guidelines for all participants involved in the racing activities organized by DCYRA. These Guidelines are provided to racing participants so that DCYRA activities may proceed while being both safe and in compliance with laws and regulations.

These Guidelines are intended to be in accordance with US Sailing guidelines and the Governor of Maryland's "Roadmap to Recovery" (Executive Order 20-05-13-01) and will be updated as changes are made by state or local governments.

These Guidelines shall be mandatory for all DCYRA activities except when DCYC and DCLSA rules concerning on shore or on dock activities are in conflict with these Guidelines. In the case of conflicting rules, the DCYC and DCLSA rules shall take precedence over the conflicting rules governing on shore or on dock activities.

"On Shore" in this document refers to the grounds of the DCLSA and DCYC clubs, and not the private property of individuals, which is the responsibility of each individual owner.

- 1.1 Personal Responsibility. Each person, including sailors, race committee personal and safety patrol, by participating in the DCYRA organized activities acknowledges that they understand and will abide by these Safe and Healthy Sailing Guidelines and that they take personal responsibility for their decision to participate.
- 1.2 Congregating in groups of more than ten on shore is not allowed. When in groups of less than ten, physical distancing of 6' or more is required.
- 1.3 Persons feeling ill or exhibiting symptoms consistent with the virus shall not participate in racing activities until 72 hours have passed since their temperature has returned to normal, respiratory symptoms have improved, and 10 days have passed since the symptoms first appeared.
- 1.4 Any participant that subsequently tests positive for Covid-19 shall inform the DCYRA through any board member so that contact tracing may be promptly performed.
- 1.5 Persons on the same boat shall be house mates or each have had a normal temperature and no Covid-like symptoms for fourteen days prior to boating together.
- 1.6 Face masks shall be worn at all times on shore or on the dock when physical distancing of 6' is not possible. Masks are to be personally provided. Face masks are not required while aboard the boat.
- 1.7 Respect the 6' physical distance to your fellow boaters, on shore and on docks.
- 1.8 In the event of an emergency situation the involved participants shall provide all necessary assistance. Physical distancing shall resume once the emergency is safely ended. When less than 6' distancing has occurred, sanitize hands and touched surfaces.
- 1.9 It is recommended that hand sanitizer be on board each boat and used prior to using launch/dinghy or dock facilities, and after sailing or after touching frequently touched surfaces.
- 1.10 Launching and rigging of each boat shall be limited as much as possible to that boat's crew.