

2025 SANDY DOUGLASS MEMORIAL REGATTA

July 25-27, 2025

SAILING INSTRUCTIONS

1. RULES

- a. The regatta will be governed by these Sailing Instructions, *The Racing Rules of Sailing for 2025-2028*, and the Flying Scot Class Rules.
- b. RRS 29.1(a) is changed so that the Race Committee may hail boats that are OCS according to Specification S-V.7 as stated in the FSSA By-Laws and Specifications.
- c. RRS 35, 63.1, and A5 are changed so that boat(s) still racing 30 minutes after the first boat of its division finishes or after the time limit (whichever is later), and not thereafter retiring, being penalized or given redress, will be scored TLE (Time Limit Expired), with points equal to the number of boats finishing within the time limit plus one point.
- d. RRS 61 is changed so that boat(s) intending to protest in accordance with RRS 61 shall notify the Race Committee immediately upon finishing, giving its sail number and sail number(s) of the boat(s) being protested. If unable to finish, notification shall be given as soon as possible after returning to shore.
- e. RRS A2 the Low Point Scoring System of RRS Appendix A will apply. A2.1 is changed so that each boat's total score will be the sum of her scores for all races.

2. ENTRIES

- a. To be eligible to compete in the Sandy Douglass Regatta, each Flying Scot helmsman **MUST BE A CURRENT MEMBER (ACTIVE, ASSOCIATE, OR SUSTAINING) OF THE FLYING SCOT SAILING ASSOCIATION (FSSA)**. Competitors may enter by submitting a completed entry form and paying required fees before 10:00 AM on Saturday, July 26, 2025.
- b. Entrants will be split into divisions according to experience level. Division selections are subject to approval by the Race Committee. All boats must display a division streamer in the area of the mainsail lower batten as follows:

Yellow - Gold Division (advanced skill level)

Black - Silver Division (intermediate skill level)

Green - Masters Division (Skipper 60 years of age and older, plus age of next oldest crew \geq 120 years)

Blue - Challenger Division (basic skill level)

Boats failing to display a streamer will be notified of their failure and, for a subsequent infringement, may be scored DNS (Did Not Start). Appropriate streamers and sail tape will be available at the Competitors' Meeting and on the Signal Boat.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Notice Boards located at the Deep Creek Lake Sailing Association "Turkey Neck" and Deep Creek Yacht Club. It is the responsibility of each participant to check the board for posted changes. Posting to the boards constitutes notice to all competitors.

4. CHANGES IN SAILING INSTRUCTIONS

- a. Any changes in the Sailing Instructions will be posted before 9:00 AM on Saturday and 8:30 AM on Sunday.
- b. Any change in the starting time for the first race on Sunday will be posted by 7:00 PM on Saturday.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpoles located at the Deep Creek Lake Sailing Association “Turkey Neck” and Deep Creek Yacht Club and by radio announcement on VHF channel 19.

6. SCHEDULE OF RACES

- a. A total of five races are scheduled for all divisions except Masters, as follows:

Saturday, July 26

Competitors’ Meeting – 10:00 AM, Deep Creek Lake Sailing Association “Turkey Neck”

First Warning Signal at 11:55 AM

Additional races to follow. *An approximately thirty-minute break may be given at the end of a completed race for a Division, as conditions permit. The break will be indicated by Code flag “L” flying at the finish for that Division.*

- b. No Race shall start after after 4:00 PM on Saturday, July 26

Sunday, July 27

First Warning Signal at 10:55 AM

Additional races to follow.

- b. The Masters Division will sail the first race each day for a maximum of two races.
- c. No Race shall start after 1:30 PM on Sunday, July 27.

7. THE COURSE

- a. Illustration A depicts the courses to be sailed. For all courses there will be an offset mark (Mark 1b).
- b. The course to be sailed will be posted on the starboard side of the Signal Boat
- c. Boats must pass between gate marks from the direction of the previous mark and round either mark.
- d. If a gate is not present, a single mark shall be left to port.
- e. Boats shall not sail between a Deep Creek Lake Sailing Association “Turkey Neck” mooring and the Turkey Neck shore when racing.
- f. Boats shall not sail through the starting line or the finish line except to start or finish.
- g. In the event of a shortened course, the Race Committee will act in accordance with RRS 32.2.

8. MARKS

- a. Primary marks and gate marks will be orange tetrahedrons.
- b. Change mark will be an orange sphere. If the course is changed again, the original marks will be used.
- c. Offset Mark will be a white sphere.
- d. The Starting Mark will be an inflated orange cylinder.
- e. The Finishing Mark will be an inflated yellow cylinder.

9. THE START

- a. Races will be started in accordance with RRS 26.

- b. Division flags are assigned as follows:
 - Flying Scot Gold - solid yellow flag
 - Flying Scot Silver - silver flag with two black stripes
 - Flying Scot Masters - solid green flag
 - Flying Scot Challenger - solid blue flag

Note - The starting order may not be as listed above. Divisions may be combined into a single start by hoisting multiple Division flags at the Warning Signal.

- d. As a gather signal, Code flag "L" will be hoisted with a sound signal approximately 30 minutes prior to the Starting Signal for the first Division for each race. The gather signal will not be used after the first race for races that are sailed back-to-back.
- e. When used as a gather signal, Code flag "L" will be lowered with a sound signal one minute prior to the first Warning Signal.
- f. The starting line will lie between a Signal Boat staff displaying an orange flag and the Starting Mark.
- g. Before the Warning Signal for the first race each day, boats shall pass astern of the Signal Boat on starboard tack and hail their sail number, which will be acknowledged by the Race Committee. A boat failing to hail will be notified of its failure and, for a subsequent infringement, may be scored DNS.
- h. Boats not starting shall keep clear of the starting area and boats whose Warning Signal has been made.
- i. A boat shall not start later than four (4) minutes after its division's starting signal.

10. RECALLS

- a. Individual recalls will be signaled in accordance with RRS 29.1.
- b. As a courtesy, the Race Committee will attempt to hail OCS boats verbally. The failure of any boat to hear the hail, and untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes RRS 62.1(a). The Race Committee may hail boats that are OCS according to Specification S-V.7 as stated in the FSSA By-Laws and Specifications.

11. CHANGE OF THE POSITION OF THE NEXT MARK

- a. In the event a course is changed, the Race Committee will act in accordance with RRS 33. The committee may use a dry erase board to display a compass bearing to the next mark or display a green triangle to indicate the new mark is moved to starboard or a red rectangle to indicate that the new mark is to port of its original position. A plus or minus sign signifies a change in course distance.

12. THE FINISH

- a. The finish line will lie between a Signal Boat staff displaying an orange flag and the course side of the Finishing Mark. The Signal Boat on the finish line may be different from the Signal Boat on the starting line. The Signal Boat at the finish will display a blue flag indicating it is in position on the finish line.
- b. Code flag "R" displayed by the Signal Boat at the finish signifies that racing will continue.
- c. Code flag "A" displayed by the Signal Boat at the finish line signifies "No more racing today."
- d. Code flag "L" displayed by the Signal Boat at the finish line signifies a 30-minute minimum break from finish of the last boat, for the Division finishing, until the first warning signal of the next race.

13. THE TIME LIMIT

- a. If the lead boat of the first starting division does not reach the first mark within 30 minutes, the race for all divisions will be abandoned.
- b. A division flag displayed with another visual signal means that the signal applies to that Division only. No Division flag displayed means that the signal applies to all Divisions.
- c. The time limit for each division race will be 120 minutes for the first boat of its division to sail the course and finish.
- d. Boat(s) still racing 30 minutes after the first boat of its division finishes or after the time limit (whichever is later), and not thereafter retiring, being penalized or given redress, will be scored TLE (Time Limit Expired), with points equal to the number of boats finishing within the time limit plus one point. This changes RRS 35, 63.1 and A5.
- e. If boats in or near last place in a race are delaying the start of another race, the Race Committee may terminate their race and score those boats based on their position at the time the race is terminated.

14. PROTESTS

- a. Boat(s) intending to protest in accordance with RRS 61 shall notify the Race Committee immediately upon finishing, giving its sail number and the sail number(s) of the boat(s) being protested. If unable to finish, notification shall be given as soon as possible after returning to shore. This changes RRS 61.
- b. In accordance with RRS 61.3, all protests either by competitors, Race Committee, or Protest Committee shall be delivered to the Protest Committee no later than one hour after the Signal Boat docks. Code flag "B" will be displayed at the beginning of the protest period with one sound signal. The protest time limit will be posted on the Notice Boards.
- c. Protest Forms will be available at the Deep Creek Yacht Club Turkey Neck and Deep Creek Yacht Club. Protests will be heard by the Protest Committee in the approximate order received. The Protest Chairperson will determine time and place of the hearing.

15. SCORING

- a. The Low Point Scoring System of RRS Appendix A will apply. Each boat's total score will be the sum of her scores for all races. This changes Rule A2.
- b. Five races are scheduled, of which one race shall be completed to constitute a regatta.
- c. Scoring for the District Championship will be the sum of all scores in the Gold Division including only those boats that are eligible per SI 2.a.

16. SAFETY

- a. Boats are subject to verification that they have all required safety equipment on board, by the Race Committee.
- b. A boat retiring from a race shall notify the Race Committee either upon leaving the course or, if that is impracticable, immediately upon arriving ashore.
- c. By entering this event each individual acknowledges that he/she is familiar with the RRS, especially RRS 1.2, "Life Saving Equipment and Personal Flotation" and RRS 4, "Decision to Race."
- d. A boat may monitor VHF Channel 19 before and during racing. Any transmission from a boat racing, unless a call for assistance or to report retirement from the race, shall result in a disqualification.
- e. *All sailors are required to wear an approved PFD while racing. First violation of this rule shall result in a warning. Subsequent violations will result in a penalty up to and including disqualification.*

17. REGATTA CREW SUBSTITUTIONS

- a. The helmsman and number of crew shall remain unchanged.
- b. The Principal Race Officer may approve a substitution of crew in accordance with SI 17.c.
- c. A request to substitute crew members (of similar weight and ability other than helmsman) must be made to the Principal Race Officer at the Competitors' meeting or not less than thirty minutes prior to the scheduled start of the race in which the substitution will occur.

18. INVASIVE SPECIES PREVENTION

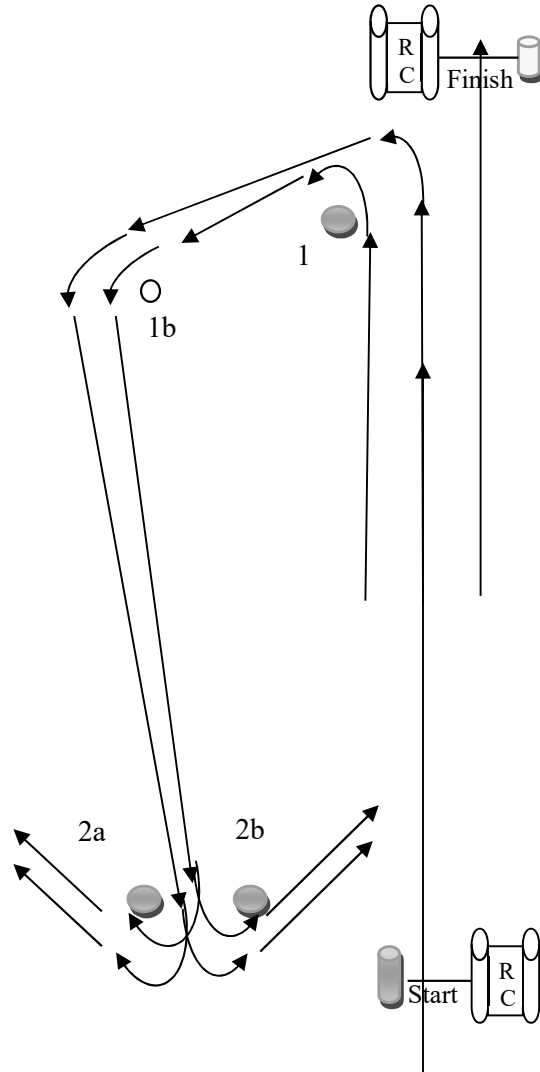
DCYRA encourages responsible stewardship of Deep Creek Lake by having visiting boaters follow the **Clean, Drain, Dry, Invasive Species Prevention** regimen. All boats and trailers visiting from off of Deep Creek Lake, must be clean, dry and free of any plant, animal, water or mud residue prior to launching from either Yacht Club ramp or facilities.

COURSE DIAGRAMS BELOW

Illustration A – Page 1

Course W

Course W2 is shown

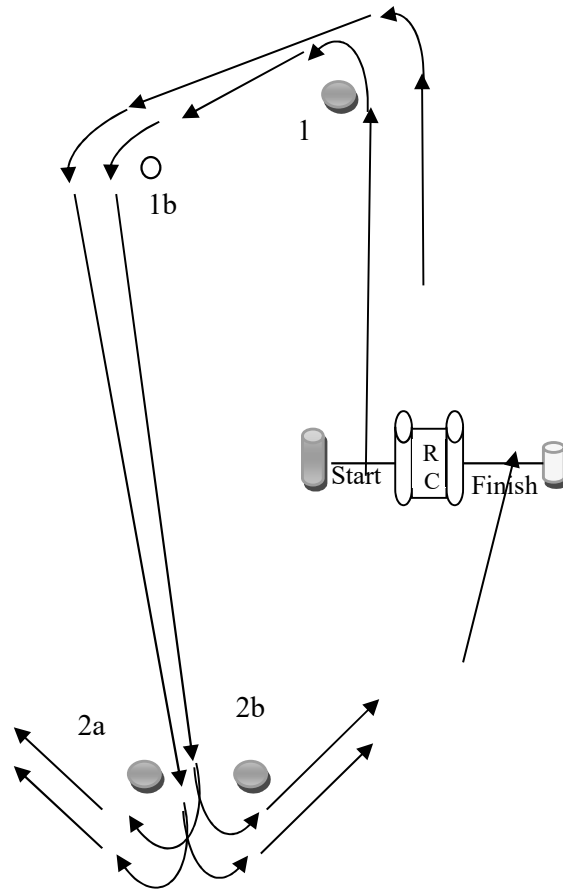


1=Windward Mark
 1b= Offset Mark
 2=Leeward Mark(s)

Course W1 = Start, 1, 1b, 2, Finish
 Course W2 = Start, 1, 1b, 2, 1, 1b, 2, Finish
 Course W3 = Start, 1, 1b, 2, 1, 1b, 2, 1, 1b, 2, Finish

The start will be in the vicinity of Mark 2 and the finish will be in the vicinity of Mark 1, but may not be located as drawn due to the restrictions of the shore and/or other factors.

Course M2 is shown



1=Windward Mark
1b= Offset Mark
2=Leeward Mark(s)

Course M1 = Start, 1, 1b, 2, Finish
Course M2 = Start, 1, 1b, 2, 1, 1b, 2, Finish
Course M3 = Start, 1, 1b, 2, 1, 1b, 2, 1, 1b, 2, Finish

The starting and finishing location will be between Marks 1 & 2, but may not be located as drawn due to the restrictions of the shore and/or other factors. The finish line will most likely be considerably shorter and may not be in the exact same location as the starting line.